

Campionati Italiani Individuali ASSOLUTI INDOOR

Ancona 18/19 Febbraio 2017

GARA	GARA VALIDA	UOMINI	DONNE
60	60	6.92 (i)	7.72 (i)
	100	10.60 (o)	12.00 (o)
	50	6.04 (i)	6.76 (i)
	55	6.48 (i)	7.24 (i)
400	400	48.80 (i); 48.10 (o)	56.50 (i); 55.70 (o)
	400hs	52.14	59.64
	200	21.60 (*)	24.64 (*)
800	800	1:54.00 (i); 1:52.50 (o)	2:13.00 (i); 2:11.00 (o)
	1500	3:47:00 (*)	4:28.00 (*)
1500	1500	3:54:00 (i); 3:49.00 (o)	4:35.00 (i); 4:31.00 (o)
	800	1:54.00 (i); 1:51.00 (o)	2:14.00 (i); 2:10.00 (o)
	3000	8:22.00 (i); 8:10.00 (o)	9:40.00 (*)
	3000sp	8:40.00 (o)	10:15.00 (o)
3000	3000	8:20.00 (*)	9:50.00 (*)
	1500	3:49.00 (*)	4:32.00 (*)
	5000	14:15:00 (o)	16:55.00 (*)
	3000sp	8:55.00 (o)	10:40.00 (*)
60hs	60hs	8.40 (i)	8.84 (i)
	110/hs/100hs	14.50 (o)	14.30 (o)
	50hs	7.04 (i)	7.74 (i)
	55hs	7.84 (i)	8.24 (i)
Alto		2.10 (*)	1.72 (*)
Asta		4.80 (*)	3.70 (*)
Lungo		7.25 (*)	5.85 (*)
Triplo		14.90 (*)	12.35 (*)

Peso		15.00 (*)	12.20 (*)
Marcia 5 KM/3 KM	Marcia 3 KM	12:45.00 (*)	14:40.00 (*)
	Marcia 5 KM	21:20.00 (*)	25:15.00 (o)
	Marcia 10KM	44:00.00 (o)	51:30.00 (o)
Eptathlon/Pentathlon	Decathlon	6000	
	Eptathlon	4300 (i)	4300
	Pentathlon		3100
4x1giro	4x1 giro	1:32.00 (i)	1:46.00 (i)
	4x100	42.00 (o)	48.00 (o)
	4x400	3:18.00 (o)	3:53.14 (o)
Leggenda	(i) indoor	(o) outdoor	(*) indoor/outdoor