

Campionati Italiani Individuali ALLIEVI/E INDOOR

ANCONA 11/12 Febbraio 2017

GARA	GARA VALIDA	UOMINI	DONNE
60	60	7.31 (i)	8.10 (i)
	100	11.40 (o)	12.72 (o)
	55	6.86 (i)	7.60 (i)
	50	6.38 (i)	7.14 (i)
	80 (Cadetti/e '16)	9.1 - 9.34	10.1 - 10.34
200	200	23.24 (*)	26.14 (*)
	300 (Cadetti/e '16)	36.5 - 36.64	41.2 - 41.34
400	400	52.14 (*)	1:00.34 (*)
	400hs	55.14	1:04.14
	300 (Cadetti/e '16)	37.1 - 37.24	42.0 - 42.14
	300hs (Cadetti/e '16)	40.1 - 40.24	46.2 - 46.34
1000	1000	2:40.00 (*)	3:05.20 (*)
	800	2:00.00 (*)	2:21.00 (*)
	1500	4:09.00 (*)	4:55.00 (*)
	3000	8:57.00 (*)	10:38.00 (*)
	2000 (Cadetti/e '16)	5:55.00 (o)	6:55.00 (o)
	2000sp	6:18.00 (o)	7:20.00
	1200sp (Cadetti/e '16)	3:30.00	4:06.50
60hs	60hs	8.84 (i)	9.44 (i)
	110hs/100hs	15.34 (o)	15.44 (o)
	50hs	7.64 (i)	8.24 (i)
	55hs	8.24 (i)	8.64 (i)
	100hs/80hs (Cadetti/e '16)	13.7 - 13.94	12.1 - 12.34
Alto		1.85(*)	1.61 (*)
Asta		3.85 (*)	2.95 (*)

Lungo		6.40 (*)	5.25 (*)
Triplo		12.90 (*)	11.00 (*)
Peso		13.00 (*)	kg 4: 10.10 (*)
	Peso (Cadetti/e '15)	kg.4: 14.50	kg.3: 11.40 (*)
Marcia 5 KM/3 KM	Marcia 2 KM		10:45.00 (*)
	Marcia 3 KM	15.30.00	16:15.00 (*)
	Marcia 5 KM	26:00.00 (o)	28:15.00 (o)
	Marcia 10KM	53:00.00 (o)	58.00.00
Pentathlon/Tetrathlon	Dectathlon	4800	
	Eptathlon		3600
	Pentathlon	2750 (i)	2700 - 3500 (Cadette '16)
	Esathlon (Cadetti '16)	3300	3500
	Tetrathlon		2200 (i)
4x1 giro	4x1 giro	1:38.00 (i)	1:50.00 (i)
	4x100	44.54 (o)	50.50 (o)
	4x400	3:28.00 (o)	4:10.00 (o)
Leggenda	(i) indoor	(o) outdoor	(*) indoor/outdoor